



Citizen's Charter

National Institute of Naturopathy
Ministry of AYUSH, Government of India

“Bapu Bhawan”

Matoshree Ramabai Ambedkar Road (Tadiwala Road)

Pune-411001

[Tel:020-26059682/83/84/85](tel:020-26059682/83/84/85)

Fax:020-26059131

e-mail: ninpune@vsnl.com Website: www.punenin.org

1. **INTRODUCTION:**

National Institute of Naturopathy, Pune is an autonomous body under the Ministry of AYUSH, Government of India, registered under the Societies Registration Act, 1860 at New Delhi on 27th September, 1984 and came into existence on 22-12-1986. The institute has a Governing Body headed by the Minister of AYUSH, Government of India.

Formerly, this place was known as “Nature Cure Clinic and Sanatorium” owned and managed by Late Dr Dinshaw K Mehta. All India Nature Cure Foundation Trust was established in this Centre and Mahatma Gandhi became its life time Chairman. He stayed here for 156 days on various occasions from the year 1944, whenever he visited Pune. This historical sanatorium known as “Bapu Bhavan” admeasuring 1.6 acres of land is named after Mahatma Gandhi who made this his home, whenever he was in Pune. "Bapu Bhavan" is named after Mahatma Gandhi, Father of the Nation, who made this Institute his home by staying here for 156 days, whenever he visited Pune since 1944.

Formerly this place was known as "Nature Cure Clinic and Sanatorium", run by Late Dr. Dinshaw K. Mehta. All India Nature Cure Foundation Trust was established in this Centre and Mahatma Gandhi became its life long Chairman. Gandhiji conducted many National and International activities from this place. Gandhiji's life is a source of guidance and a sacred heritage to us.

2. **OUR MISSION & VISION**

- **Vision:**

“Health Naturally”, for all.

- **Mission:**

Make Naturopathy and Yoga accessible to all. Provide quality of service by imparting Education and Training in the field of Naturopathy and Yoga.

3. Objectives:

- (i) To conduct, provide facilitate for and encourage research in all aspects concerning human health personality and in all fields of Naturopathy,
- (ii) To impart, provide facilities for encourage training in all fields of Naturopathy and / or Nature Cure and / or combination therapy,
- (iii) To provide and encourage facilities for all kind of treatment in all fields of Naturopathy and / or Nature Cure and / or Combination Therapy,
- (iv) To provide and encourage facilities for standardization and propagation of the existing knowledge and its application as well as the knowledge with its application,
- (v) To establish a living Memorial to Mahatma Gandhi, the Father of the Nation,
- (vi) To preserve in the said 'Nature Cure Clinic and Sanatorium ' at Babu Bhavan, Pune, with due sanctity, all the structures, articles, things and equipment associated with and / or personally used by Mahatma Gandhi,
- (vii) In general, to fulfill the objects of establishment of a Nature Cure University.

4. OUR MULTIFACETED ACTIVITES:

- 1) **Modern Naturopathy OPD Clinic:** The Institute is providing free OPD consultation and provide treatments at a nominal fee of Rs.500/- per week for various diseases. Poor patients are treated at a still concessional rate or free of charge.
- 2) **Out door OPD clinic of NIN** with consultation facilities and treatment is functional from 11 am to 6 pm (Monday to Friday) at Fr. Agnel Ashram, **Wadgaonsheri, Pune**. On every 2nd Second Saturday full day workshop is conducted for the benefit of general public on Healthy life style, naturopathy treatments, yoga sessions, etc.
- 3) **Re-imburement Scheme under CGHS/CS (MA):** Credit facility is being provided to the CGHS/CS (MA) beneficiaries.

- 4) **Yoga Classes:** Eight yoga classes are conducted every day. Monthly fee @ Rs.300/- per head. The average attendance in these classes is 180 per month.
- 5) **Therapeutic Yoga Section:** On the eve of International Day of Yoga, Inaugurated by Hon'ble Member of Parliament; Shri Anil Shirole. This new facility at NIN offering Therapeutic (one to one) Yoga to the deserving patients.
- 6) **Monthly (Hindi/English) Magazine 'NISARGOPACHAR Varta':** NIN publishes a bilingual magazine in Hindi & English "Nisargopachar Varta" at highly subsidized rates. Articles on Naturopathy, Yoga, healthy food, longevity, natural way of living, prevention and cure of diseases, by eminent authors are published, which enhances the readers knowledge to have health self sufficiency as advocated by Mahatma Gandhi.
- 7) **Health Shop:** is running on self sustaining basis where Natural foods and drinks, (products free from chemicals and fertilizers) are made available to the public. Also, books on Naturopathy, Yoga and other Health related subjects and various instruments used in the treatment of Naturopathy are made available for sale.
- 8) **Library:** NIN's Library offers home lending as well as reading room facility for the public. There are more than 9000 books, magazines, journals and bulletins in the library on Naturopathy, Yoga and other health related subjects.
- 9) **House Surgeoncy:** Bachelor in Naturopathy and Yogic Science internees (12 per month) of different Naturopathy colleges are given rotatory internship training under this programme. The stipend is paid @ Rs.3500/- p.m. per Internee.
- 10) **One Year Naturopathy Treatment Assistant Training Course(TATC):** The Course starts from July and January every year. The stipend @ Rs.5,000/- p.m. per student is paid.
- 11) **Monthly Health Workshop:** The Institute conducts "one day workshop" on various Health aspects / diseases, on last Saturday of every month. A registration fee of Rs.70/- is charged from the participants. Naturopathic Lunch & Juices, Copies of magazine 'Nisargopachar Varta' and treatment equipment "Enema Can" to the needy, are distributed free of cost. On an average 80 persons participate in each workshop.

- 12) **Monthly Workshop in Regional Languages:** Monthly workshops are conducted in various regional languages like Marathi, Telugu, Gujarathi, Tamil, Malayalam, Kannada, Odiya, Bengoli and Sindhi on the 3rd Saturday of each month on "Human Health and Life Style". Copies of Nisargopachar Varta and treatment equipment "Enema Can" to the needy, are also distributed free of cost. About 100 persons participate in each workshop.
- 13) **Weekly Evening Lectures:** Weekly lectures were organized on every Saturday on different aspects of Health/Disease, Yoga, Procedures and Benefits of Naturopathy, Longevity, Food, Natural Lifestyle, etc.
- 14) **Naturopathic Diet Centre (7 am to 8 pm) :** A Naturopathic Diet Centre is being managed on self sustainable basis in the premises of NIN. Healthy Breakfast, Lunch, Dinner, Juices, Fruit and Vegetable Salads are provided in the centre at reasonable rates.
- 15) **Sanatorium for HIV+ve (IPD/OPD) :** NIN is managing a sanatorium for HIV+ve individuals at Panchagani, Dist. Satara, Maharashtra.
- 16) **Publication of Rare Text Books on Naturopathy:** The Institute re-published 'Rational Hydrotherapy', a rare text book by Dr. J. H. Kellogg of USA and made available for sale.
- 17) **Naturopathy Diet & Recipe Book –** A Cookery book published by the Institute containing more than 200 delicious recipes of Juices, Soups, Hot Beverages, Salads, Chutnies, Oven Dishes, Naturopathic Deserts, etc. 2nd Edition of this book was published in the current financial year.
- 18) **Yoga Hand Book :** Published a Hand Book on Basic Yoga for Beginners in the current financial year.
- 19) **Video Films:** NIN has prepared a CD on Naturopathy Treatment Modalities, various diseases and activities of the Institute and being sold through the health shop.
- 20) **Acupressure Clinic:** Free Acupressure Treatment is being given to the patients, daily between 2 to 5 p.m., six days a week.

- 21) **Medi Gym. (6 to 11 am and 5 to 9 pm)** : As part of its treatment facility for the patients especially with neuro muscular problems and arthritis a mini Gym is being maintained at the Institute. It is also attracting large number of youngsters and the membership has grown beyond 100 during the reported yet.
- 22) **Acupuncture Section** : NIN has an acupuncture unit where the treatment is available at the rate of Rs. 300 and Rs.70 for weekly and daily sitting respectively.
- 23) **Pathology Lab (8am to 4 pm)** :- NIN has a state of art pathology lab equipped with fully automated analyzers for all the routine tests and special tests like HIV test, CD4 count, Tridot, Spirometry etc. at very nominal rates for the public.
- 24) NIN has a free Hydro Reflexology Track facility which is used by many patients every day for Acupressure treatment.
- 25) NIN organizes Continuing **Medical Education Programmes** (CME) and re-orientation training programme (ROTP), Women empowerment programme for the professionals of both allopathy fraternity.
- 26) NIN conducts **Natural Health Food Meals** with seminars on different diseases, cookery classes, competition on health topics and health food exhibitions with about two hundred dishes in various states.
- 27) NIN participates in **AROGYA Exhibition** by ministry of AYUSH and exhibitions in and around Pune by which large number of people are benefited.
- 28) NIN has a project to establish '**Nisarg Gram**' – (Naturopathy Hospital, Medical College, Research unit and Gandhi Memorial) at new site Dr. Bandorwala Leprosy Hospital, Kondhwa, Pune – 411 048 in the near future for which Government of Maharashtra has allocated 10 Hect. (25 Acres) Land to NIN, Pune on outright purchase for the said project.

- 29) Besides the above as part of up-scaling the activity of NIN under the banner of Ayushyaman Bharat, Swasthya Raksha Parikshan Camps are conducted in the villages and Urban areas thereby playing an important role to provide guidance for healthy life style under this project. Swasthya Parikshan OPD has started functioning under NIN in various localities in the villages and urban areas thereby making significant contribution to the targeted activities..
 - 30) NIN conducts **Natural Health Food** fair in the premises of the Institute and outside Pune. A variety of health food items are displayed and made available for sales in the exhibition. In addition, the seminar sessions are held on various chronic diseases various competition like drawing competition for students, cooking and food carving competition are also organized.
 - 31) **New OPD Building called dr. Dinshaw Mehta Memorial Out Patient Department** with Lift facility.
 - 32) Treatment with the help of Modern Naturopathy Treatment equipment.
 - 33) Living memorial of Mahatma Gandhiji.
 - 34) Mahatma Gandhiji Prayer Platform
 - 35) Yoga/Seminar/Workshop Hall
 - 36) Aadhar Enabled Bio-Metric Attendance System (AEBAS).
5. **Right to information act 2005:** Under the said act, the following officials are looking after the functions:
- 1st Appellate authority: Shri K. Subhash, Administrative Officer & CVO
- Public information officer: Shri S. D. Diwane
- Asst. Public Information officer: Mrs. S. M. Dareker

6. **GRIVANCES REDRESSAL MECHANISM:** Vigilance and Public Grievance officer in the NATIONAL INSTITUTE OF NATUROPATHY works under the overall supervision of the Director NATIONAL INSTITUTE OF NATUROPATHY, for receiving complaints/suggestions from the public/ individuals/ users and clients. Administrative officer is the vigilance & public Grievance officer.

7. Internal Compliant Committee:

In supersession of the NIN Office Order No. 1-85/NIN/2013/571 dated 29.07.2015, the internal Compliance Committee (ICC) consisting the following is hereby constituted for Prevention, Prohibition and Redressal of Sexual Harassment at work place on the following objectives and terms of reference :-

Sl.No.	Name & Designation	
1	Dr. (Smt.) Vidya Gupta Chief Scientist & Chair Division of Bio-chemical Sciences National Chemical Laboratory, Pune	Chairperson
2.	Smt. Aditi Vaidya, Advocate B/6, Sarasnagar, Siddhivinayak Society, 983/2 Shukrawar Peth. Pune - 411 002	Member
3	Smt. Mariamma John Officer on Special Duty Indian Institute of Science Education & Research (USER). Pashan. Pune	Member
4	Shri K. Subhash Administrative Officer & Chief Vigilance Officer National Institute of Naturopathy, Babu Bhavan, Pune	Member
5	Dr. P. Yuvaraj Paul Nature Cure Physician National Institute of Naturopathy, Babu Bhavan, Pune	Member
6	Smt. Mrunalini Arawkar Upper Division Clerk National Institute of Naturopathy, Babu Bhavan, Pune	Member - Secretary

8. Public Grievance Cell:-

Shri K. Subhash, Administrative Officer: Chief Vigilance Officer NIN, Pune, assisted by Shri S.D.Diwane, DPA and Shri Tejas Kholam, LDC, who can be contacted @020-26059683.

9. Complaints and suggestion boxes for receiving feedback/suggestions from the public is available.
10. Website; website www.punenin.org can be assessed for details regarding all the activities of NIN.
11. Holidays: all Sundays and all Central Govt. Holidays.
12. Office timings 9.30am to 6 pm. (Except Saturdays, Sundays and all Central Govt. Holidays).
13. Clinic timings 7.00am to 9.00pm (except Sundays and Public Holidays)

14. Public conveniences:

- 1) CCTV surveillance
- 2) OPD reception and office reception
- 3) Genset power backup facility
- 4) Welcome gate
- 5) Security staff and cabin
- 6) Drinking water facility
- 7) Notice boards and display
- 8) Internal cement concrete road
- 9) Lush green lawn & garden
- 10) Visitors & staff parking facility
- 11) Common toilets facility
- 12) Wheel chair and ramp facility

15. Postal address of the office of the Institute:-

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(Ministry of AYUSH, Government of India)
Bapu Bhavan, Matoshree Ramabai Ambedkar Road,
Tadiwala Road, Pune-411001.

For further information please contact:

The Director
National Institute of Naturopathy,
(Ministry of AYUSH, Government of India)
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Tadiwala Road, Pune-411001
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