



## NATIONAL INSTITUTE OF NATUROPATHY, PUNE

(MINISTRY OF AYUSH, GOVT. OF INDIA)

Report on 2 Day CME at ESIC Medical College, Hyderabad, Telangana State

21<sup>st</sup> and 22<sup>nd</sup> January 2017



*Students of ESIC Medical College, Ayurvedic medical college, Nurses and teaching faculty.*

As a part of its educational activity NIN conducted 2 day CME program on **“Imbibing the Principles of Naturopathy into Modern Medicine”** for students of ESIC Medical College, Ayurvedic medical college, Nurses and teaching faculty. This 2 day CME was conducted at ESIC Medical College, Hyderabad on 21<sup>st</sup> and 22<sup>nd</sup> January 2017. This session was intended to bridge the gap between conventional medicine and traditional medicine and how it can be integrated. Eminent speakers from Naturopathy fraternity were invited to address the sessions.



*Dr. Pradeep, Research Officer, NIN, Pune delivering a lecture on basic principles to modern medicine and recent trends in Naturopathy and Yoga research.*

A total of 200 participants attended these 2 day sessions. Program started with an inaugural ceremony and later Dr. Madhuri Taranikanti Asst Prof. Physiology narrated why the program was planned and gave a brief introduction about “Integration of Allopathy and AYUSH systems” why is it a need of the hour. Her session was preceded by Dr. Ashwin Asst Prof. Physiology who explained the importance of Mind body medicine and why is it important to follow holistic approach to take care of the health needs.

The first session was started by Dr. Bapuji a senior medical Practitioner dealt about the basic philosophy of naturopathy and its paradigm resemblance to today’s health care needs. The second session was dealt by Dr. Krishna Murthy, Former Principal, Gandhi Naturopathic Medical College, Hyderabad. He spoke about the different therapies and also has demonstrated the treatments to the participants. The third session post noon was dealt by Dr. Bhargahava, Senior Naturopath, who explained the relevance of diet and how it should be an integral part in health care.

The second day first session was dealt by Dr. Pradeep who bridged the basic principles to modern medicine and also highlighted the recent trends in Naturopathy and Yoga research. The second session was by Dr. Naga Lakshmi who gave the scientific background of Yoga therapy and how it can be integrated with modern medicine. The post lunch session was conducted by Dr. Sreedhar Pulipatti, who presented the integrated model of Yoga and Naturopathy with modern medicine. The last session was taken by Dr. Challa Satheesh, who explained the difference between other systems and Naturopathy which was well appreciated by the audience.

Dr. Srinivas, Dean of the ESI Medical College presented the vote of thanks where he appreciated the NINs collaboration and expressed his willingness to participate in the future collaborations.

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