



National Institute of Naturopathy is involved in training students from various backgrounds and imparting skill development in various therapies that support each student's professional and personal goals. These courses (Acupressure, Naturopathy therapies, Naturopathy cooking) are mostly intended for self help to take care of one's own health and their family members. These courses are developed as a motto for "Self health reliance" and take forward the goal of the World Health Organization of sustainable health for all. Courses like (Massage, Fitness training and Yoga) are intended to support oneself professionally.

Classes will be conducted by qualified Naturopathy and Yoga physicians.

### Commencement of the Course

The course is conducted in two batches commencing on the first week of June 2018.

Course Number	Topic	Eligibility criterion	Duration	Timings	Fees In INR	Course Supervisor (For details)
001	Certificate course in Naturopathy Cooking	-	1 Month	<b>Weekday batches:</b> 2pm to 4pm (Monday to Thursday) <b>Weekend Batches :</b> 2pm to 6pm (Friday & Saturday)	15,000	Dr.Praveen Mob no: 9657733760
002	Certificate course in Massage techniques	-	6 Months	10 am to 2pm (Monday to Friday)	15,000	Dr. Jay Mahajan Mob no: 8817777025
003	Certificate course in Acupressure	-	2 Weeks	11 am to 1pm (Monday to Friday)	2,500	Dr. Jyoti Mobno: 9673117283

<b>004</b>	Certificate course in Yoga for QCI Eligibility exam	-	6 Months	2pm to 6pm (Monday to Friday)	25,000	Dr. Anupama Mob no: 9448610516
<b>005</b>	Certificate course in Hydro, Chromo and Mud therapy	-	1 Month	2pm to 5 pm (Monday to Friday)	5000	Dr. Aswani Mob no: 7447376029
<b>006</b>	Fitness training (Medi Gym)	-	1 Month	10am to 2pm (Monday to Friday)	10,000	Dr. Amal Mob no: 7972224200
<b>007</b>	200 Hour Registered Yoga Training Course (Yoga Alliance)	Minimum 10 <sup>th</sup> class Pass	2 Months	-	25,000	Dr. Anupama Mob no: 9448610516

**Certification:** Based on Assessment of the coordinator, certificate will be issued at the end of the course.

**National Institute of Naturopathy, Pune**

**Ministry of AYUSH, Govt of India**

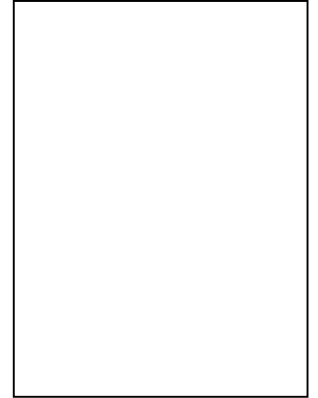
**Application form for short term/skill development training courses**

**Name:**

**Age:**

**Sex:**

**Address:**



**Phone No: and Email ID**

**Qualification:**

**Occupation:**

**Course opted:**

**Date of Admission:**

**Date of Completion:**

**Signature**